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info@dbafitnessedge.com

fuel^{factor}TM

PRODUCT RANGE



Amway



fuelTMFactor

You've only got one body. You need to give it the right fuel. That means fuelling up with a healthy diet, exercise, mental stimulation, fresh air and fun!

The new range of FUEL FACTOR™ products was developed to meet the needs of today's increasingly health conscious sports enthusiast and those with an active lifestyle.

You might have gaps in your diet and need additional dietary assistance. You can fill those gaps with FUEL FACTOR. The range offers a high quality product line-up formulated to deliver key nutrients including protein, carbohydrates, fibres, vitamins and minerals.

The FUEL FACTOR range includes a shelf stable probiotic fibre drink mix, innovative twist cap drink mixes, whey protein blends, mass gainers and a muscle recovery blend. The growing range of products is Australian made and offers a tailored solution to any healthy lifestyle regime.

**Your body will thank you by performing at its absolute best for you.
So fill 'er up!**



PROBIOTIC FIBRE DRINK MIX

features

They often say it's what's inside that counts. Too true! FUEL FACTOR™ Probiotic Fibre Drink Mix is a scientifically formulated probiotic blend, that provides 2 active strains of bacteria, Lactobacillus acidophilus and Bifidobacterium lactis, both widely studied for their role in helping to restore intestinal flora balance. Together they deliver 4.5 billion total viable cell count per serve*. That's a lot of good stuff going on inside.

FUEL FACTOR Probiotic Fibre Drink Mix contains prebiotics, which help feed probiotics. Prebiotics help good bacteria survive the journey through the intestinal tract and support their growth. FUEL FACTOR Probiotic Fibre Drink Mix also contains colostrum, lactoferrin, zinc and l-glutamine for further gastrointestinal support.

benefits

- Support a healthy digestive system
- Help maintain optimum levels of beneficial intestinal bacteria
- Support healthy immune function
- Boost fibre levels
- Shelf stable - no refrigeration required

Product SKUS:

- 150GM - 30 day supply
VS 240204 P1256B4433IM4876 RRP \$60.95

For digestive health, we also recommend:

- NUTRIWAY® Milk Thistle & Dandelion
- NUTRIWAY® Fibre Blend Chewables

Always read the label. Use only as directed. If symptoms persist, see your healthcare professional.



WHEY PROTEIN

features

This is a love story between new FUEL FACTOR™ Whey Protein Blend and your muscles! This awesome product is a combination of Whey Protein Isolate and Whey Protein Concentrate making it naturally high in Branched Chain Amino acids (BCAA) as well as the added feature of being a fast and sustained release protein. This high protein supplement is used by athletes for muscle strength, lean muscle gains and weight loss as it has a low carbohydrate and low fat content. It can be taken within an hour of exercise (before and/or after) or consumed during the day to fuel your body.

To enhance performance, we also recommend:

- NUTRIWAY® Rhodiola Energy Supplement

To assist with weight management, we also recommend:

- NUTRIWAY® TRIM CHOICE

Always read the label. Use only as directed. If symptoms persist, see your healthcare professional.

benefits

- High quality protein - whey protein isolate (25%) and whey protein concentrate (75%)
- Supports muscle strength and tone
- Assists in muscle recovery
- Supports weight loss
- Fast and sustained release
- Available in chocolate and vanilla flavours

Product SKUS:

- 1KG CHOCOLATE
VS 240212 P1606B5669IM6236 RRP \$77.95
- 1KG VANILLA
VS 240213 P1606B5669IM6236 RRP \$77.95



MASS GAINER

features

When you've got everything to gain and nothing to lose, you'll love FUEL FACTOR™ Mass Gainer. This unique protein + carbohydrate formula is designed to assist by adding kilojoules to your dietary intake, providing muscle size gains for weight training athletes. This formula provides a dual cutting edge combination allowing the body to utilise and absorb protein while being fuelled by added carbohydrates ensuring a power packed workout at the gym.

This can also be taken by people who are on a weight gain diet looking to add complex carbohydrates as a good source of nutrition.

benefits

- **High quality protein source - whey protein isolate and whey protein concentrate**
- **Carbohydrate blend for rapid energy production and release**
- **Support muscle strength and growth**
- **Available in chocolate and vanilla flavours**

Tips to gain mass

- Ensure you have ample quality protein during the day
- Eat more calories than you burn
- Eat small meals regularly

Product SKUs:

- 1KG CHOCOLATE
VS 240210 P1276B4505IM4956 RRP \$61.95
- 1KG VANILLA
VS 240211 P1276B4505IM4956 RRP \$61.95

For energy and fuel, we also recommend:

- NUTRIWAY® Strive+
- XS™ Energy Bars



MUSCLE RECOVERY

features & benefits

FUEL FACTOR™ Muscle Recovery is your body's saviour after exercise. It contains key amino acids Glycine, L-carnitine, L-glutamine and Taurine for their role in protein synthesis. As the name suggests, FUEL FACTOR Muscle Recovery aids the recovery of muscles post workout. The blend contains:

- **L-Carnitine** – Carnitine has a number of functions in the body that may support exercise performance. It facilitates the transport and metabolism of long chain fatty acids for energy.
- **L-Glutamine** – L-Glutamine stores are depleted during any form of high intensity training like weight lifting, cycling, running etc. This can cause muscle breakdown. Supplementation of L-Glutamine helps to restore levels in the muscle providing an environment for muscle growth.
- **Inositol** – is used by the body to form cell membranes and assist in the transmission of nerve signals and help transport fats within the body. This will help you contract your muscles more efficiently and will help you to use body fat as fuel for your workouts.
- **Glycine** – helps support the immune system by producing immunoglobulins and antibodies.
- **General amino acids** – Insufficient amounts of amino acids can cause tiredness and poor muscle mass.

- **Taurine** – facilitates hydration at the cellular level. Adequate hydration during and after exercise may support the delivery of nutrients into the cell resulting in a higher rate of protein synthesis.
- **Maltodextrin** – It is useful for post workout replenishment of carbohydrate stores. It will also be used as a carrier for aminos to the muscle cells.
- **Waxy Maize Starch** – a popular carbohydrate supplement which has been widely hailed for its rapid digestion and its ability to bypass the stomach, to be absorbed directly into muscles.

benefits

- **Aids muscle recovery post exercise**
- **Very low in fat**
- **Great grape tasting flavour**

Product SKUS:

- 500g GRAPE
VS 240214 P1132B3996IM4396 RRP \$54.95

For recovery and re-fuelling we also recommend:

- POSITRIM® Protein Bars
- XS™ Protein Blast

